

THE KRONGRAD INSTITUTE

MINIMALLY INVASIVE PROSTATE SURGERY
A Center of Excellence and VIP Practice

Date: _____

Getting ready for LRP

Name: _____ City: _____ State: _____

Referred by: _____

Please complete and sign the attached registration form and instruction form and fax them to us. Please attach all medical reports (PSAs, ultrasound, biopsy report, scans) and a copy of the front and back of your insurance card(s). Please call us to schedule a pre-op appointment and surgery date.

1) What is your age: _____ height: _____ weight: _____

2) Do you have: diabetes _____ high blood pressure _____ high cholesterol _____
 heart disease _____ trouble breathing _____

3) Do you smoke? _____ When did you quit? _____ Packs per day? _____ How many years? _____

4) Please list operations you've had: _____

5) Please list your medications, including aspirin and pain medication, and doses:

6) Allergies: _____

7) **Optional:** if it's easily done, please mail us your photo or email it to ak@laprp.com

Surgery involves many components that are billed separately: hospital, surgeon, pathologist, anesthesiologist, and others. Our office bills only for the surgeon fee. We would be pleased to look at your insurance card(s), but we do not represent your insurance company and would direct you there for clarification about coverage issues. In most cases, we cannot accept insurance for the surgeon fee. Payment for the surgeon fee is due in advance of surgery. Payment can be made by certified check or wire transfer.

After surgery is booked, not before, we will request to have your biopsy slides transferred to our pathologist. If we need your involvement, we will inform you.

There are many hotels in the area. Some of our patients have had luck at these hotels:

- *Hampton Inn (954)874-1111 One block from our office
- *Marriott Residence Inn (786)528-1001 Suites, across from a golf course, near Aventura Mall
- *Marriott Courtyard (305)937-0805 Landlocked, near Aventura Mall
- *Fairmont Turnberry Isle Resort(305)932-6200 Landlocked, near Aventura Mall
- Trump International Sonesta Beach Resort (305)692-5600

* Hotels with a discounted rate for Dr. Krongrad or Aventura Hospital

We are here to help. If there is anything else you need, please do not hesitate to call.

Preparing For Your Laparoscopic Radical Prostatectomy

Name: _____ Date of LRP _____

Getting ready for LRP requires several simple steps, which are outlined below. On receiving this form, please sign it and fax it to us at (305)936-0498 so what we are sure you have received it and understand it. If you have any questions, please call us immediately. We are here to help.

On scheduling surgery:

Review your medications and notify us immediately if you are taking insulin, medications for diabetes, aspirin, products containing aspirin (e.g., Alka Seltzer, Anacin, Ascriptin, Bayer, Bufferin, Darvon, Ecotrin, Excedrin, Fiorinal, Norgesic, Percodan), warfarin (e.g., Coumadin), ibuprofen (e.g., Motrin, Advil, Nuprin), naprosyn (e.g., Aleve, Anaprox, Naproxen), steroids, or other medications for pain, inflammation, arthritis, and/or colds.

Schedule an appointment with your internist (primary physician) for a preoperative medical clearance. The appointment should be 2 weeks before your LRP. At a minimum, this appointment must generate a letter to Dr. Krongrad from your internist clearing you for surgery and must include the results of a complete physical examination, Chest X-ray, EKG, and lab work: CBC, PT/PTT/INR, complete chemistry panel, and urinalysis. In many instances, you will also need to have an exercise stress test with a cardiologist – call us if you are not sure. The medical clearance and test results cannot be more than 2 weeks old at the time of your LRP; they must be in our office no later than 1 week before surgery.

We will arrange for the transfer of your biopsy slides to our pathologist.

If you need to pay us please arrange payment for LRP.

Starting one week before surgery:

- no alcohol, caffeine, or tobacco
- no Coumadin, aspirin, or products containing aspirin
- no ibuprofen, naprosyn, and arthritis and/or pain medication
- get plenty of rest

Starting two days before surgery:

- drink plenty of liquids

The day before surgery:

- ***no solid food***
- drink plenty of clear liquids, e.g., water, soda, juice
- take your medications, except any listed above, with clear liquids
- at 10:00AM, take 8.3oz MiraLAX bottle mix it with 64 oz. of Gatorade. Shake the solution until the MiraLAX is dissolved. Drink 8 oz. every 15-30 minutes until the entire solution is gone. Continue to drink clear liquids until bedtime. If you become nauseated during the ingestion of the MiraLAX prep, stop the prep for 45 minutes then resume.
- take a shower and go to sleep early
- ***No eating or drinking after midnight***

The morning of surgery:

- take your medications, except any listed above, with sips of water
- no eating or drinking
- brush your teeth
- report to the hospital at the assigned time

I understand and accept the steps outlined above: _____
signature date